



JOHN HOLLAND

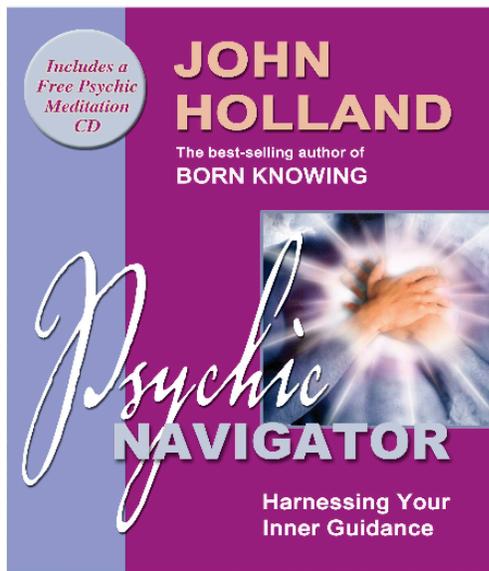
The best selling author of "BORN KNOWING"

LEARN TO AWAKEN YOUR OWN PSYCHIC ABILITIES

PSYCHIC NAVIGATOR

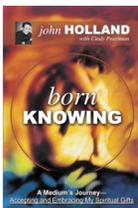
Harnessing Your Inner Guidance

Did you know that you already possess ALL the tools to unlock your hidden potential and help you to lead an intuitive psychic life? For years, **John Holland** has been teaching people how to awaken, access, and develop those dormant intuitive senses . . . and bring them to the surface, to assist in making better decisions as we navigate our way through our busy lives.



Psychic Navigator has been written specifically for those who are looking to reconnect with their psychic abilities, which we were all born with. Let John become your personal psychic navigator and help you to harness your inner guidance, and create new paths to find your way back. He will explain the *mechanics* of your inner awareness, which can be activated and heightened using meditation and breath work. This book will also provide a deeper understanding of your chakras & aura.

John incorporates much of his teachings into this highly inspirational book. It's packed with easy-to-follow practical exercises (including a guided meditation CD) that will amplify and empower your inner guidance. As you utilize your renewed psychic senses, they will assist you with your personal relationships, your health, important business decisions, and every aspect of your life!



John Holland, author of best selling **BORN KNOWING**, is an internationally renowned psychic medium who has been teaching, demonstrating and reading for private clients for more than 15 years. He is dedicated to his ongoing personal development, which inspires him to continue his teaching. He has developed a unique workshop program, which he delivers in his no-nonsense style. "If I can pass on just a tenth of what I've learnt so far", he says "then I feel that I have done my job in helping and empowering as many people as I can."

Available in Bookstores from Fall 2004
Published by Hay House

For further information about John Holland



PO Box 561, Newmarket, NH 03857
www.johnholland.com

"your loved ones are just a thought away"